



FREE PARENTING WORKSHOPS

Elementary School

While there is no recipe for raising successful children, there are key parenting ingredients that will produce strong families. Make the commitment to improving parent/child relationships at home. Learn to talk so your children WILL listen & avoid power struggles. Your child will thank you!

January—May 2018

12:00-2:00 p.m.

- 1/8 Managing Anger
- 1/22 Effective Discipline
- 1/29 Managing Stress
- 2/5 Effective Communication
- 2/12 Sibling Rivalry
- 2/26 Conflict Resolution
- 3/5 Self-esteem in Parents/Children
- 3/19 Teaching Responsibility
- 3/26 Managing Anger
- 4/9 Effective Discipline
- 4/16 Managing Stress
- 4/23 Effective Communication
- 4/30 Sibling Rivalry
- 5/7 Conflict Resolution
- 5/14 Self-esteem in Parents/Children
- 5/21 Teaching Responsibility

January—May 2018

6:30-8:30 p.m.

- 1/8 Conflict Resolution
- 1/22 Self-Esteem in Parents & Children
- 1/25 Teaching Responsibility
- 2/5 Managing Anger
- 2/12 Effective Discipline
- 2/22 Managing Stress
- 3/5 Effective Communication
- 3/26 Sibling Rivalry
- 3/29 Conflict Resolution
- 4/9 Self-Esteem in Parents & Children
- 4/23 Teaching Responsibility
- 4/26 Managing Anger
- 5/7 Effective Discipline
- 5/21 Managing Stress
- 5/24 Effective Communication

Family Education and Guidance Services, 1300 19th Street, Plano, TX 75074.

469-752-2272

Registration not needed ✧✧✧✧ Childcare is not provided

Visit <http://www.pisd.edu/parentworkshops>